

Department of Yoga

Date:07.08.2025

Respected Sir/Madam

It's my pleasure to invite you to participate in the three days special Yoga Camp for management of Cervical Spondylitis and Back pain which is being organised by the Department of Yoga, IGNTU Amarkantak.

Important details for the camp are mentioned as below-

Place & Venue-Patanjali Bhawan, Faculty of Yoga

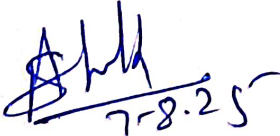
Asan hall-1 and Asana Hall-2

Date & Time-23-25 August, 2025

6.00-7.30 am

Your gracious active participation will be highly solicited.

With regards



Dr. Ashok Kumar Bhaskar

Head Deptt. Of Yoga
Head
Department of Yoga
Indira Gandhi National Tribal University
Amarkantak 484001

IGNTU