

CURRICULUM VITAE

Dr. ASHOK KUMAR BHASKAR

**Dept. Of Yoga
HOD & Associate Professor
Indira Gandhi national Tribal University, Amarkantak (MP)
(A Central University)**

Academic Qualification

Name of The Exam. (University/Board /Institute)	Subject Offered	Year	Class
Secondary Exam (B.S.E. Rajasthan Ajmer)	All Comp. Subject	1993	Pass
Sr. Secondary Exam (B.S.E. Rajasthan Ajmer)	Hindi, English Physics, Chemistry Maths	1996	51.38%
B.Sc. (M.D.S. University Ajmer)	Physics, Chemistry Maths	1999	52.29%
M.Sc. (JVBU Ladnun)	Science Of Living Preksha Meditation & Yoga	2001	72.66%
B.Ed. (M.D.S. University Ajmer)	Science	2010	70%
Ph.D. (JVBU LADNUN)	पुनर्जन्म का आध्यात्मिक एवं वैज्ञानिक आधार : एक शोधपरक अनुशीलन	2010	

PROFESSIONAL QUALIFICATION

- Diploma in Office Automation & Financial Accounting (2002)
- N.D.D.Y. (Diploma in Naturopathy) from Delhi (2002)
- NET in Jainism, Bhuddhism, Gandhian and Peace studies (2008)
- NET in Yoga (2017)
- NET in Yoga (2019)
- II Degree Qualify in REKI
- I Level Qualify in Pranic Healing (Basic Pranic Healing Course)

Experience- Genaral Classes of Yoga and Meditation-

- July-September 2001- Backward area in Chhatisgarh (Chhatisgarh Jeevan Vigyan Academy)
- October-December 2001- Indore (M.P. Jeevan Vigyan Academy)
- January-February 2002- Jhabua (M.P.) Backward area of M.P.
- October 2002- Jasol, Barmer (Training of school Principal)
- March to December 2003- Tulsi Adhyatm Needam, Ladnun
- 24-30 June 2003- Rajaldeshar, Churu
- October 2003- Kodarma (Jharkhand)
- 8-12 December 2003- B.Ed. Mahila Collage Hatundi, Ajmer (Raj.)
- 20-22 December 2003- Jasol, Barmer (Teachers Traning)
- 26-30 December 2003- Regional Collage, Ajmer (Raj.)
- 25-27 April 2005- Central Jail, Hanumangarh
- Participated as a resource Person in the Swarnim Gujrat Asmita Yuva Shiver (NSS) Organized by V.N.S.G. University, Surat on 28 Oct. to 3 Nov 2009.
- I have contributed 10 days Science of Living Preksha Meditation And Yoga Shiver, Organized by Distance Education, JVB University Ladnun, May 2009

CONSULTANT

- Naturopathy
- Sujok
- Reiki
- Acupressure
- Dousing

- Colour Therapy
- Yoga & Meditation
- Mantra Therapy (Chanting of Mantras)

E Content

- Prepared E Content of B.A. and M.A. Yoga Practical
- Prepared E Content of B.A. and M.A. Yoga Theory

Orientation/Refresher/Induction Programme

- Successfully completed a 4-Week Induction/Orientation Programme for "Faculty in Universities/Colleges/Institutes of Higher Education" from November 10- December 09, 2020 and obtained a **grade A+** Organized by Teaching Learning Centre, Ramanujan College, University of Delhi, under the aegis of MINISTRY OF HUMAN RESOURCE DEVELOPMENT PANDIT MADAN MOHAN MALAVIYA NATIONAL MISSION ON TEACHERS AND TEACHING
- Successfully completed a Two-week interdisciplinary refresher course/faculty development programme for “ADVANCED RESEARCH METHODOLOGY Tools and Techniques” from 30 January, 2021 – 14 February, 2021 and obtained a **grade A+** Organized by Teaching Learning Centre, Ramanujan College, University of Delhi, under the aegis of MINISTRY OF HUMAN RESOURCE DEVELOPMENT PANDIT MADAN MOHAN MALAVIYA NATIONAL MISSION ON TEACHERS AND TEACHING
- Successfully completed a NEP 2020 Orientation & Sensitization Programme under Malaviya Mission Teacher Training Programme (MM-TTP) of University Grants Commission (UGC) organized by Malaviya Mission Teacher Training Centre (IGNOU-MMITC), Staff Training and Research Institute of Distance Education (STRIDE), Indira Gandhi National Open University (IGNOU), Maidan Garhi, New Delhi-110068 from 29th July to 07th August 2024 and obtained Grade ‘A’

PUBLISHED ARTICLES in SCOPUS

- Article Published in Journal of Xidian University “Study of the Effect of Preksha-Dhyan (Preksha Meditation) on College Girls Students’ Emotional Intelligence” ISSN No. : 10012400, Vol.-14, Issue-4, Impact

Factor 5.4 2020, An UGC Care Approved Group 2 (SCOPUS), Pg.585-593

- Article Published in Journal of REDVET - Revista electrónica de Veterinaria “Comparison Of Cognitive Abilities Of Yoga And Non-Yoga Secondary And Senior Secondary School Students” ISSN 1695-7504 Vol 25, No. 1S (2024), August 2024, pg-918-926, An UGC Care Approved Group 2 (SCOPUS).

PUBLISHED ARTICLES

1. Article Published in National level Research Journal ‘Jigyasa’ Title “**eu%pfcdRI k**” Published by Mahakoshal Vigyan Parishad, Jabalpur, ISSN No.:2231-2978, Vol-V(I), Sept. 2011, Pg. 73-75
2. Article Published in International online Multidisciplinary Journal, Review of Research, “**अनुप्रेक्षा का किशकर छात्राओं के आत्मविशक्ति**” ISSN No. : 2249894X, Impact Factor 3.1402, Vol.-5, Issue-3, Dec. 2015. Pg.1-5, UGC-48514.
3. Article Published in International Research Journal of Higher Education, “**mi yfc/k vfHkçj .kk ij ççkk/; ku ds çHkko dk v/; ; u**” ISSN No. : 23220171, Impact Factor 8.2856, Vol.-16, Issue-16, Jan-March, 2017. UGC no-48278, Pg.92-96
4. Article Published in International Journal of Research in Economics and Social Sciences, “**l kofxd cf) yfc/k ,oa l tukRedrk ij /; ku; kx dk çHkko**” ISSN No. : 2249-7382, Vol.-7, Issue-11, November, 2017. Impact Factor : 6.939, Pg.1032-1039
5. Article Published in Navdrishti Research Journal, “**orleku ifjçç; ea ; kx शिक्षा एवं चरित्र निर्माण**” ISSN No. : 2319-8303, Vol.-23, January-March, 2018., Varanasi, Pg.17-20
6. Article Published in Asian Journal of Educational, Research and Technology “**v"Vka; ; kx ,oa ççkk/; ku dk ; pkvka ds ruko] ekufi d ,oa 'kkjhfj d LokLF; ij çHkko**” ISSN No. : 2347-4947, Vol.-8 (1), Impact Factor 2.816 January, 2018., Ugc No-49288, Pg.77-80
7. Article Published in International Journal of Yoga, Physiotherapy and Physical Education, “**Effect of selected yogic practice on vital capacity of hostel students**” ISSN No. : 2456-5067, Vol.-23, Issue-2, Impact Factor 5.24 March, 2018., Pg.310-311
8. Article Published in Asian Journal of Educational, Research and Technology “**fdl kuka ds ruko ekufi d ,oa 'kkjhfj d LokLF; ij ; kx ,oa ççkk/; ku dk çHkko**” ISSN No. : 2347-4947, Vol.-8, Issue-2, Impact Factor 2.816 April, 2018., Ugc No-49288, Pg.102-105

9. Article Published in JETIR “fo | ky; Nk=ka dh fpUrK Lrj ij çk.kk; ke ds çHkko dk v/; ; u” ISSN No. : 23495162, Vol.-6, Issue-4, Impact Factor 5.87 April, 2019, Ugc No-63975, Pg.232-240
10. Articles Published in JETIR “0; ol kf; d ufrdrk ea ; kx f'k{kk dh mi kns rk” ISSN No. : 23495162, Vol.-6, Issue-6, Impact Factor 5.87 June, 2019, Ugc No-63975, Pg.242-247
11. Article Published in Drishtikon “Hkkj rh; eukfoKku ea çk.k rUo” ISSN No. : 0975119X, Vol.-11, Issue-6, Impact Factor 5.1 Nov-Dec, 2019, UGC Care Listed, Pg.212-218
12. Article Published in Nibhandh Mala “Hkkj rh; l kfgR; ea iqtUe” ISSN No. : 22772359, Vol.-11, Issue-12, Impact Factor 5.1 December, 2019, UGC Care Listed, Pg.23-28
13. Article Published in Peer reviewed Research Journal Sambodhi, “dñh; ka dh dq Bkvka ij /; ku ; kx ds çHkko dk v/; ; u” ISSN No. : 2249-6661, Vol.-43, Issue-4(XI), Oct-Dec, 2020. UGC care Listed, Impact Factor : 5.80, Pg.64-65
14. Article Published in Peer reviewed Research Journal Drishtocon, “dñh; ka dh fpUrK Lrj ij ççkk/; ku ds çHkko dk v/; ; u” ISSN No. : 0975-119X, Vol.-13, Issue-1, Jan-Feb, 2021. UGC care Listed, Impact Factor : 5.051, Pg.2395-2397
15. Articles Published in Peer reviewed Research Journal Sambodhi, “çkç-0; fDr; ka ds l ek; kst u l eL; k ij /; ku ; kx ds çHkko dk v/; ; u” ISSN No. : 2249-6661, Vol.-44, Issue-1(IV), January-March , 2021. UGC care Listed, Impact Factor : 5.80, Pg.135-136
16. Article Published in Peer reviewed Research Journal Drishtokon, “çkç-0; fDr; ka ds nco Lrj ij ççkk/; ku ds çHkko dk v/; ; u” ISSN No. : 0975-119X, Vol.-13, Issue-2, March-April, 2021. UGC care Listed, Impact Factor : 5.051, Pg.617-620
17. Article Published in International Education & Research Journal, **“Effect of Preksha Meditation on Self Confidence Ability”** ISSN No. : 2454-9916, Vol.-7, Issue-02, February , 2021. Impact Factor : 6.808, Pg.7-8
18. Article Published in UGC Care Listed Journal-Jayanti, “Hkkj rh; n' kLuka ea eksk çkflr ds mik;” Kendriya Sanskrit Vishwavidyalaya Jaipur, ISSN-2248-9495, Vol-XVII, 2020-21, Pg-410-414
19. Article Published in Peer reviewed Research Journal- An International Global Journal of Emerging Trend in Education and Social Science, “Yks ; k/; ku }kjk vknrka dk ifj"dkj” ISSN: 2582-1377, Impact Factor-2.58 Vol. 5, Issue 1 – 2022, Pg-15-19

20. Article Published in Peer reviewed Research Journal-Shodh International: A Multidisciplinary International Journal, “pŕl; &dŕl; /; ku }kj k vrhfŕl; {kerkvkŕ dk fodkl ” ISSN: 2581-3501, Impact Fector-5.9, Vol. 7, Issue 1, 2022, Pg-38-42
21. Article Published in UGC Care Listed Journal- शोधसंहिता, “vfkobn eŕ çk.k” Journal of Kavikulaguru Kalidas Sanskrit University, Ramtek, ISSN-2277-7067, Impact Fector-4.95, Vol-IX, Issue-II, July-2022, Pg-14-17
22. Article Published in UGC Care Listed Journal-Kanpur Philosophers, “ekuo thou eŕ çk.k 'kfdŕ vkŕ ml dk egŕo”, International Journal of humanities, Law and Social Sciences ISSN-2348-8301, Impact Fector-5.45, Vol-IX, Issue-II, July-2022, Pg-72-75
23. Article Published in UGC Care Listed Journal-Kanpur Philosophers, “'kkj hfj d LokLF; vkŕ ;kx dh vo/kkj.kk”, International Journal of humanities, Law and Social Sciences ISSN-2348-8301, Impact Fector-5.45, Vol-IX, Issue-I, July-2022, Pg-886-887
24. Article Published in UGC Care Listed Journal-Anveshak, “ekufŕ d LokLF; eŕ ;kx dh miknŕ rk” Journal of Sardar Patel Institute of economic and social Research, ISSN-0378-4568, Impact Fector-6.20, Vol-52, Issue-10, July-December-2022, Pg-108-111
25. Articles Published in UGC Care Listed Journal- Journal of the Asiatic Society of Mumbai, **“YOGA AND PREKSHA MEDITATION'S EFFECTIVENESS IN ENHANCING MENTAL HEALTH OF ADULTS”**, ISSN-0972-0766, Impact Fector-3.947, Vol-96, Issue-12, December-2022, Pg-106-112
26. Article Published in UGC Care Listed Journal- NIU International Journal of Human Rights, **“EFFECT OF PREKSHA MEDITATION ON SELF ACCEPTANCE OF COLLEGE STUDENTS”**, ISSN-2394-0298, Impact Fector-4.7, Vol-9, December-2022, Pg-16-20
27. Article Published in UGC Care Listed Journal- आलोचना, Title-किशोरों की कार्य निष्पादन क्षमताओं पर ध्यान का प्रभाव, ISSN- 2231-6329, Impact Factor-4.7, Volume No. 64 No. 2, November 2023, Pg-496-474
28. Article Published in UGC Care Listed Journal-Madhya Pradesh Journal of Social Sciences, Title- eŕ l k/kuk vkŕ ml dk egŕo, ISSN- 0973-855X, Impact Factor-5.3, Volume No. 29(1), January 2024, Pg-128-132
29. Article Published in National Journal of Hindi and Sanskrit Research, Tiele- वर्तमान परिप्रेक्ष्य में क्रियायोग की उपयोगिता: एक अनुशीलन, ISSN-24549177, Impact factor-7.2, Volume-61, July-Aug, 2025, Pg-111-116

BOOK PUBLICATIONS

* **Practical Book of Preksha Meditation and Yoga** for Graduation and Post Graduation Classes (2010), Published by Jain Vishva Bharati University, Ladnun. **(Hindi and English)**

* **योग प्रश्नोत्तर संग्रह (2017)**), ISBN : 978-93-85491-04-7, Published by Real World Education Publishers, A-216, First Floor, New Delhi-110025

* **लक्ष्मी ज्ञानांशु का जीवन परिचय (2017)**, ISBN : 978-93-84864-31-6, Published by Nisha Scientific, 5C/41, Second Floor, New Rohtak Road, Krol Bagh, New Delhi-110005.

* **विश्व ज्ञानांशु का जीवन परिचय (2017)** ISBN : 978-93-81284-75-6, Published by Rishabh Books, 4575/15, Ansari Road, Dariaganj, New Delhi-110002.

CHAPTER IN BOOKS

1. Articles Published in Yoga Education for Enhancing Quality in Teacher Education, Title : **“वर्तमान परिप्रेक्ष्य में योग शिक्षा का महत्व”** International Seminar, Sponsored by ICSSR, Delhi, Published by Mharishi Dayanand College of Education, Abohar, ISBN No. : 978-93-5212-217-2, First Edition, 2015. Pg.95-97
2. Articles Published in Dimensions of Jain Philosophy and Indian Culture, Title: **“ज्ञानांशु का जीवन परिचय : एक वैदिक दृष्टि से”** Published by Jain Vishva Bharati Institute, Ladnun, ISBN 978-93-83634-38-5, Edition: 2018. Pg.175-183
3. Articles Published in Environmental Protection and Social Work Profession, Title: **“पर्यावरण रक्षण : एक नया चुनौती”** Sponsored by ICSSR, Delhi, Published by Jain Vishva Bharati Institute, Ladnun, ISBN 978-93-83634-45-3, First Edition, 2019. Pg.249-252
4. Articles Published in Impact of COVID-19 & Pandemic Lockdown in India, Title: **“COVID-19 का वैश्विक प्रभाव : एक वैदिक दृष्टि से”** Published by Eureka Publications, ISBN 978-81-946233-5-9, First Edition, 2020. Pg.223-230
5. Articles Published in **योग एवं विश्व शान्ति**, Title: **“योग और विश्व शांति : एक वैदिक दृष्टि से”** Published by Prachyavidya evam Jain Sanskriti Sanrkshan Sansthan, Ladnun, ISBN 978-81-952985-9-4, First Edition, 2022. Pg.32-39

INVITED LECTURE

1. Delivered a lecture as a resource person on “**Advance Trainers Training National Workshop**” held on March **08-10**, 2010. Conducted by Directorate of Distance Education Jain Vishwa Bharati Institute, Ladnun.
2. Delivered a lecture as a resource person on “**Trainers Training National Workshop**” held on September **24-29**, 2007; December 24-29, 2007; June 23-28, 2008; September 22-27, 2008; December 22-27, 2008; June 22-27, 2009; December 21-26, 2009; June 21-29, 2010; March 11-17, 2012; October 07-13, 2012. Conducted by Directorate of Distance Education, Jain Vishwa Bharati Institute, Ladnun.
3. Delivered a lecture as a resource person on “**Orientation Programme**” held on February **09**, 2008; June 27, 2009. Conducted by Directorate of Distance Education Jain Vishwa Bharati Institute, Ladnun.
4. Delivered a lecture as invited speaker on Amrit Mahotsav Title: “**Science of living Preksha Meditation and Yoga**” held on November 28, 2011 at Patan University, Patan (Gujarat)
5. Attend the National Seminar on “Naturopathy-Preksha Meditation-Acupuncture & Drugless Therapies” as a **Guest Lecture**. Organized by Maharaz Charwinda Das Teer Tarakkari ji & Dadi Rukamani, Delhi, held on June 7-8, 2014
6. Delivered a lecture and Yoga Practical as invited speaker on “; kx , oa vkgj fpdfRI k” held on June **19-21**, 2016 at Acharya Tulasi Shanti Pratishtan, Gangashahar, Bikaner
7. Delivered a lecture as invited speaker on “**Anger management in student**” held on December 22, 2016 at Shri Shskti Vidya Peeth Sen. Sec. School Chhapara, Jayal, Dist-Nagaur (Rajasthan)
8. Delivered a lecture and Yoga Practical as invited speaker on “**Non-violence, Culture of Peace and Human Rights**” held February **20-22**, 2017 at Dept. of Non-violence and Peace, Jain Vishwa Bharti Institute, Ladnun
9. Delivered a lecture as invited speaker on “; kx , oa LoLFk ekuo thou” held July 28, 2017 at Govt. Senior Secondary School, Jaswantgarh, Ladnun, Dist-Nagaur (Rajasthan).
10. Delivered a lecture as invited speaker on “**Memory Enhancement through Meditation**” held on October 14, 2017 at Shri Shskti Vidya Peeth Sen. Sec. School Chhapara, Jayal, Dist-Nagaur (Rajasthan).
11. Delivered a lecture as invited speaker on “; kx , oa LoLFk ekuo thou” held on December 07, 2017 at Aadrsh vidya Mandir School, Ladnun, Dist-Nagaur (Rajasthan).

12. Delivered a lecture as invited speaker on “दूरस्थ शिक्षा सम्प्रसारक कार्यशाला” held on October 27-28, 2017 at Jain Vishwa Bharti Institute, Ladnun, Dist-Nagaur (Rajasthan).
13. Delivered a lecture as invited speaker in Two days National seminar on “समसामयिक परिप्रेक्ष्य में योग दर्शन का महत्व” Title: “व्यक्तिगत जीवन में योग का महत्व” Organized by Deptt. of Phylosophy, Govt. Maharaja Acharya Sanskrit Collage Jaipur. January 12-13, 2018.
14. Delivered a lecture as invited speaker in one day IInd Unique Workshop on “Yoga and Preksha Meditation” held on April 15, 2018 at Anuvrat Samiti, Jaipur (Rajasthan).
15. Delivered a lecture as invited speaker on two day National Seminar on **Yoga and its relevance in Modern socity** Titel: **Importance of Relaxation in our Present Life** , Organized by Dept . of Physical Education, Maharshi Dayanand Univesity, Rohatak, June 20-21, 2018.
16. Delivered a lecture as invited speaker on “**Meditation** ” held on November 24, 2018 at University of Patanjali, Haridwar, Uttrakhand
17. Delivered a lecture as invited speaker in one day IInd Unique Workshop on “**Yoga and Preksha Meditation**” held on April 14, 2019 at Anuvrat Samiti, Jaipur (Rajasthan).
18. Delivered a lecture as invited speaker in 10 days National Workshop on “**Therapeutic Applications of Alternative Therapies**” Title “**Preksha Therapy**” held on April 14-23, 2019. Organized by Department of Yoga, Kumaun University, Almora, Uttarakhand.
19. Delivered a lecture as invited speaker in 03 days National Workshop on “**Personality Development and Yoga Training**” Title “**Yoga**” held on June 10-12, 2019. Organized by Prachyavidya Evam Jain Sanskriti Sanrakshan Sansthan, Ladnun.
20. Delivered a lecture as invited speaker in 07 days Short term Training Programme on “**Higher Education for Happiness and Well-Being**” Title “**Change our lifestyle through Meditation and achieve Happiness; Yoga and Stress Management**” held on October 19, 2019. Organized by Faculty Development Centre (PMMMNMNTI), HNB Garhwal University, Srinagar, Uttarakhand
21. Delivered a Live Guest lecture on “Distance Learning Programme” Title “**Practical Approach of Yogic Lifestyle**” held April 15, 2020. Organized by Distance Learning center, Jodhpur.

22. Delivered a Live Guest lecture on Online International Conference on “Immunity Through Yoga and Naturopathy” Title **“How to Increase Immunity Power Through Meditation”** held April 27, 2020. Organized by Navyoga International Institute of Yoga and Naturopathy Science, Delhi.
23. Delivered a Live Guest lecture on Facebook page, under the IYD2020 Program “AAO HAM SAB YOG KAREN” Tile : “Holestic Health and Yoga” Organized by Department of Yoga, Kumaun University, Almora, Uttarakhand, May 26, 2020
24. Delivered a Live Guest lecture on Facebook page, Program “6th International Yoga day celebration” Title : “Yoga and Science” Organized by Health and wellness Station, Jaipur, May 24, 2020
25. Delivered a Live Guest lecture on Facebook page, under the IYD2020 Program “AAO HAM SAB YOG KAREN” Tile : “Mantra Vigyan aur Swasthya” Organized by Department of Yoga, Kumaun University, Almora, Uttarakhand. June 10, 2020
26. Delivered a Live Guest lecture on Facebook page, Program “6th International Yoga day celebration” Tile: “Scientific Aspect of Kundalini Yoga and Usefulness in our Lives” Organized by Naturopathy and Yoga Department, H.N.B. Garhwal central University, Srinagar (UK), June 18, 2020
27. Delivered a Live Guest lecture on National Webinar, Program “Aatma Nirbhar Bharat Nirman mein Yog ka Yogdan” Tile : “Aatma Nirbhar Bharat Nirman mein Yog ka Yogdan” Organized by Sarala Birala University, Ranchi, October 05, 2020
28. Delivered a Live Guest lecture on Facebook Page, “Prakritik Chikitsa Mahotsava” Tile : “Prakritik Shaktiyan aur Hamari Jeevan Shaili” Organized by Sri Raghav Divya Yog Research Institute, Ambala Cantt, November 09, 2020
29. Delivered a lecture as invited speaker International Conference on **“Nada Yoga for World Peace”** Title **“Scientific base of Nada Yoga ”** held on March 06, 2021. Organized by GMVN and UTDB, Ministry of Tourism, Uttarakhand Govt. supported by Navyoga Suryodaya Seva Samiti.
30. Delivered a lecture as invited speaker International Yoga Conference on **“Live Yoga Lecture series-2”** Title **“Importance of Meditation in**

- Covid-19 pandemic**” held on May 01, 2021. Organized Navyoga Suryodaya Seva Samiti.
31. Delivered a Live Guest lecture on Facebook page, under the IYD2021 Program “AAO HAM SAB YOG KAREN” Tile : “Panch Mahabhut aur Corona ki Chikitsa” Organized by Department of Yoga, Soban Singh Jeena Vishwavidyalaya, Almora, Uttarakhand. May 22, 2021
 32. Delivered a Live Guest lecture on Facebook page on “7th International Yoga Day Celebration Lecture Series” Tile : “How to Improve Positive thinking by Practicing Meditation” Organized by Kashyapyoga Trust, June 05, 2021
 33. Delivered a Live Guest lecture on Facebook page on “7th International Yoga Day Celebration Lecture Series” Tile : “How to increase Oxygen Level Through Yoga and Meditation” Organized by Damyanti Jan Sewa Trust, Uttarakhand. June 07, 2021
 34. Delivered a Live Guest lecture on Webinar platform, Tile : “Yoga and Prekshadhyan” Organized by Sant Longowal Institute of Engineering and Technology, Punjab, June 22, 2021
 35. Delivered a Live Guest lecture on International Yoga Conference on Yoga for Physical, Mental and Emotional Health, Tile : “Importance of Yoga” Organized by Sarala Birala University, Ranchi in association with Yoga Alliance International, Tamilnadu. June 25, 2021
 36. Delivered a Live Guest lecture on International Webinar on Role of Yoga in Holestic Health During Covid-19 World Pandemic, Tile : “Impact of Shatkarma on Corona-19 pandemic” Organized by Department of Yogic Science, Soban Singh Jeena Vishwavidyalaya, Almora, in Collaboration with UGC and IUC, Bangluru. June 26, 2021
 37. Delivered a online lecture as invited speaker on Swami News Channel, Ajmer” Title “**Yoga and Health**” held on 13 August 2021.
 38. Delivered a lecture as invited speaker and Chair Session, International Yoga Conference on “**Yoga for Inclusion and Holistic Approach in Education and Skill Development**” Title “**Importance of Naad Yoga in Present Era**” held on 05-06 March 2022. Organized by Navyoga Suryodaya Seva Samiti.
 39. Delivered a lecture as invited speaker on “**Online Short Term Course in Yoga & Wellness**” Title “**Importance of Meditation**” held on 03-

- 09 August 2022. Organized by UGC- Human Resource Development Centre, Kumaun University, Nainital.
40. Delivered a lecture as invited speaker and Chair Session, International Naturopathy and Yoga Conference on **“Praktik Chikitsa Diwas-2022”** Title **“Importance of Naturopathy”** held on 18-20 November-2022. Organized by Navyoga Suryodaya Seva Samiti and CCRYN, New Delhi.
 41. Delivered a lecture as invited speaker, Online International Yoga Conference on **“Internation Yoga day-2023”** Title **“Why should we meditate?”** held on 12 Junr, 2023. Organized by Navyoga Suryodaya Seva Samiti, New Delhi.
 42. Delivered a lecture as invited speaker and Chair Session, International Conference on **“Aatma Nirbhar Bharat Nirman me Yoga Evam Maharshi Dayanad ka Drishtikon”** Title **“Aatma Nirbhar Bharat Nirman me Yoga Evam Maharshi Dayanad ke Vicharon ki Mahatta”** held on 28-30 April, 2024. Organized by Sri Lal Bahadur Shastri Rashtriya Sanskrit Vishwavidyalaya, New Delhi.

FDP

1. Participated in National level five days FDP on **“Rural Immersion & Shatkarma on Covid-19 Pandemic”**. Organized by Dept. of Nonviolence and Peace, JVBI, Ladnun, Collaboration With Mahatma Gandhi national Council of Rural Education, Hyderabad, March 12-16, 2020.
2. Participated in National level five days online FDP on **“Universal Human Values on the theme Inculcating Universal Human Values in Technical Education”**. Organized by All India Council for Technical Education (AICTE), New Delhi May 03-07, 2020.
3. Participated in National level five days online FDP on **“Challenges and Strategies of Teaching in Post COVID-19”**. Organized by University collage of Education, Adikavi Nannaya University, Rajahmahendravaram, May 11-15, 2020.
4. Participated in National level online FDP on **“Creation of Google Sites and OER”**. Organized by Dept. of Business Management, RBVRR Women’s Collage, Hyderabad, May 26, 2020.
5. Participated in National level five days online FDP on **“ICT Enabled Teaching and Learning”**. Organized by Jain Vishwa Bharati Institute, Ladnun, June 03-07, 2020.

6. Participated in National level seven days online FDP on “Higher Education: Various Dimensions ”. Organized by Jain Vishwa Bharati Institute, Ladnun, June 28 to July 04, 2021.
7. Participated in National level seven days online FDP on “New Reforms in Higher Education With Reference to NEP 2020 ”. Organized by K.R MANGALAM UNIVERSITY, GURUGRAM, Collaboration with Council for Teacher Education Foundation (CTEF), Delhi-NCR Chapter, 27 July to 02 August, 2022.
8. Participated in National level seven days online FDP on “First Hand Experience on SPSS-Introductory Module”. Organized by Research Foundation of India and RFI-Care, Collaboration with Council for Teacher Education Foundation (CTEF), Delhi-NCR Chapter, August 16-22, 2022.
9. Participated in National level 5 days online FDP on “Implementation of NEP 2020 ”. Organized by IQAC, Jain Vishwa Bharati Institute, Ladnun, 8-13 May, 2023.

WEBINAR

1. Participated in the one day National webinar on “Enhancing Research Effectiveness using Scopus, Science direct and Mendeley”. Organized by Faculty Development Centre, Kurukshetra University, Kurukshetra, May 01, 2020
2. Participated in the one day National webinar on “Development of Holistic Health Through Yoga and Preksha Meditation”. Organized by by Deptt. of Yoga and Science of Living, Jain Vishwa Bharti Institute, Ladnun (Raj.), May 21, 2020
3. Participated in the one day National webinar on “Post Pandemic India : Opportunities and Challenges ”. Organized by RCA Girls (PG) Collage, Mathura, May 22, 2020
4. Participated in the one day National webinar on “Preparation to Post Covid-19 Assumption of Educational Institutions”. Organized by Atal Bihari Vajpeyi Vishwavidyalaya, Bilaspur, May 24, 2020
5. Participated in the one day National webinar on “Quality Assurance in Distance Education”. Organized by CIQA, Directorate of Distance Education, Jain Vishwa Bharti Institute, Ladnun (Raj.), May 28, 2020
6. Participated in the one day National webinar on “महामारी साहित्य एवं समाज”. Organized by Dept. of Hindi, Central University of Mahatma Gandhi, Motihari, Bihar , May 26, 2020

7. Participated in the one day National webinar on “Mental Health and Covid-19 Pandemic ”. Organized by Jain Vishwa Bharti Institute, Ladnun (Raj.), May 27, 2020
8. Participated in the one day National webinar on “Impact of COVID-19 on world Politics”. Organized by Vivek Collage of Law, Bijnor, UP, May 30, 2020
9. Participated in the one day National webinar on “Examination Reforms”. Organized by Examination Section, Jain Vishwa Bharati Institute, Ladnun, June 11, 2020
10. Participated in the one day National webinar on “Yoga Tradition and Yoga Health”. Organized by Examination Section, Jain Vishwa Bharati Institute, Ladnun and Sponsored by ICPR, Delhi, July 08, 2020
11. Participated in the one day National webinar on “Preparing Prospective Teachers for Pandemic Pedagogy”. Organized by Loyola College of Education, Jamshedpur, July 10, 2020
12. Participated in the one day National webinar on “The Role of Yoga and Ayurveda in Covid-19 Pandemic”. Organized by Department of Yoga, Faculty of Arts Shri Rawatpura Sarkar University Raipur, Chhattisgarh, India, May 09, 2021
13. Participated in the one day National webinar on “Environmental challenges of the 21st century”. Organized by Yogic Science Department, Soban Singh Jeena University Almora, Uttrakhand., June 05, 2021

PAPER PRESENTATION AND PARTICIPATION

1. Paper Presented in National Seminar on “Coordination and Quality Control in Distance Education” Title : “**Importance of Sim system in Distance Education**” organized by IASE University, Sardarshahar, February 20-21, 2010
2. Paper Presented in National Seminar on “Population Education and Environment” Title : “जनसंख्या शिक्षा एवं पर्यावरण सुरक्षा की महत्ता” Organized by Deptt. of Education, Jain Vishwa Bharti University, Ladnun (Raj.), 31st January & 1st February, 2011
3. Paper Presented in National Seminar on “Indigenous Techiques in Psychotherapy-concept and applications” Title : “मंत्र और मनःचिकित्सा” Organized by Dev Sanskriti Vishwavidyalaya, Haridwar (Uttrakhand), March 25-27, 2011
4. Paper Presented in National Seminar on “Applied Educational Technology” Title : “वर्तमान शिक्षा पद्धति में जीवन विज्ञान एवं योग शिक्षा की

- आवश्यकता” Organized by Deptt. of Education, Jain Vishwa Bharti University, Ladnun (Raj.), March 26-27, 2011
5. Paper Presented in National Seminar on “Promotion of Parapsychological Abilities and consciousness Through Meditation” Title : “vrhflnz; Kku vkj pfrl; &dlh” Organized by Deptt. of Science of Living Preksha Meditation and Yoga, Jain Vishwa Bharti Institute, Ladnun (Raj.), Jaunary 19-21, 2012
 6. Paper Presented in National Seminar on “Yoga for Holistic Personality Development” Title : “ççkk/; ku vkj l exl 0; fDrRo fodkl ” Organized by Morarji Desai National Institute of Yoga, Febuary 12-18, 2012
 7. Paper Presented in National Seminar on “New Trends in Education” Title : “; kx f'k{kk }jk cPpk e l 'tukRedrk dk fodkl ” Organized by Deptt. of Education, Jain Vishwa Bharti Institute, Ladnun (Raj.), February 25-26, 2012
 8. Paper Presented in National Seminar on “Education : A Remedial Approach for Socio-environmental Problems” Title : “orëku l klÑfrd संकट एवं जीवन विज्ञान योग शिक्षक }jk fujkdj .k” Organized by Deptt. of Education, Jain Vishwa Bharti Institute, Ladnun (Raj.), September 29-30, 2012
 9. Paper Presented in National Conference on “Yoga for Adolescents” Title : “किश्कज ka dh 0; fDrRo fodkl e ; kx dh Hkifedk” Organized by Morarji Desai National Institute of Yoga, Febuary 18-24, 2013.
 10. Participated National Conference on “Teaching English to Socially and Culturally Marginalized Learners”. Organized by Dept. of English, Jain Vishwa Bharti Institute, Ladnun, March 03-04. 2013.
 11. Paper Presented in National Conference on “Acharya Tulsi’s Social Concern and Contribution to World Peace”. Title: “विश्वे 'kkfr ds {ks= e vpk; l nyl h dk ; kxnku” Organized by Dept. of Nonviolence and Peace, Jain Vishwa Bharti Institute, Ladnun, September 29-30. 2013.
 12. Paper Presented in National Seminar on “Schools of Meditation and Indigenous Therapy Systems” Title : “ççkk/; ku vkj l exl LokLF; dh vo/kkj .kk” Organized by Deptt. of Science of Living Preksha Meditation and Yoga, Jain Vishwa Bharti Institute, Ladnun (Raj.), October 15-17, 2013
 13. Participated in International Conference on “Globalization and the Teaching of English”. Organized by Dept. of English, Jain Vishwa Bharti Institute, Ladnun, October 19-20, 2013.
 14. Paper Presented in National Seminar on “दार्शनिक संवाद” Title : “Hkkj rh; l kfgR; vkj iutle” Organized by Deptt. of Philosophy, Rani Durgawati Vishwavidyalaya, Jabalpur, October 10-12, 2014

15. Paper Presented in National Seminar on “Yogic Management of Life Style Disorders” Title : “; kx }kjk jkx çfrjk/kd {kerk dk fodkl ” Organized by Deptt. of Human consciousness & Yogic Science, Gurukul Kangari Vishwavidyalaya, Haridwar, March **30-31**, 2015
16. Paper Presented in National Seminar on “Yoga and Naturopathy for Managing Psycho-Somatic Disorders” Title : “çk.k fpfdRI k& , d fooøpu” Sponsored by Deptt. of AYUSH, New Delhi and Organized by Dept. of Yoga and Science of Living, Jain Vishva Bharti Institute, Ladnun, February **20-22**, 2016
17. Paper Presented and session Convener in National Seminar on “World Peace & Harmony Through Yoga” Title : “l exl LokLF; vkj ç{k/; ku” Organized by Deptt. of Human consciousness & Yogic Science, Gurukul Kangari Vishwavidyalaya, Haridwar, April **02-03**, 2016.
18. Paper Presented in National Seminar on “Major Education & Social Problems : Diagnostic & Remedies” Title : “वर्तमान शिक्षा ç.kkyl dh l el; k; , oa thou foKku” Organized by Dept. of Education, Jain Vishva Bharti Institute, Ladnun, Aug. **28-29**, 2016
19. Paper Presented in National Seminar on “चरित्र निर्माण : प्रक्रिया, बाधायेँ एवं समाधान एक दार्शनिक विमर्श” Title : “वर्तमान परिप्रेक्ष्य में योग शिक्षा एवं चरित्र fuekl.k” Organized by Deptt. of Philosophy, Jai Narayan Vyas University, Jodhpur, October **13-15**, 2017
20. Paper Presented in National Seminar on “समसामयिक परिप्रेक्ष्य में योग दर्शन का महत्व” Title : “vk/kfud thou 'kylh ea ; kx 'kfDr dk egRo” Organized by Deptt. of Philosophy, Govt. Maharaja Acharya Sanskrit Collage Jaipur. January **12-13**, 2018.
21. Paper Presented in National Seminar on “भारतीय साहित्य में अहिंसा एवं सामाजिक समरसता” Title : “पातंजलि योग दर्शन में अहिंसा” Jointely Organized by Deptt. of Non-violence and Peace and Dept. of Yoga and Science of Living, Jain Vishva Bharti Institute, Ladnun and Rajasthan Sahitye academy, Udaipur, January **31**-Feburary **01**, 2018.
22. Paper Presented in National Seminar on “Professional Ethics in Higher Education” Title: “व्यावसायिक नैतिकता में योग शिक्षा की उपयोगिता” Organized by Faculty Development Centre, Under the MHRD Scheme of PMMMNMIT, Hemvati Nandan Bahuguna Garhwal University, Srinagar, Uttarakhand, April **06-08**, 2018
23. Paper Presented in 2nd National Seminar on “Yoga for Positive Health and wellness” Title: “pgB ; kx ea LokLF; ” Organized by Lakulish Yoga University, Ahmedabad, January **10-11**, 2019.
24. Paper Presented in National Seminar on “Environmental Protaction and Social Work Profession” Title : “ofnd l kfgR; ea lk; kbj .k” Organized by

- Deptt. of Social Work, Jain Vishwa Bharti Institute, Ladnun, Sponsored by ICSSR, Delhi, March 09-10, 2019.
25. Paper Presented in National Seminar on “पर्यावरण संरक्षण: जैन दर्शन की नभः” Title : पर्यावरण संरक्षण: जैन दर्शन की नभः ; K d h m i ; k f x r k ß held March 31, 2019 at Prachyavidya evam Jain Sanskriti Sanrakshan Sansthan, Ladnun, Dist-Nagaur (Rajasthan)
 26. Participated in online Conference on “Role of Movement Education, Sports and Yoga in the Prevention of Diseases ”. Organized by Society of Movement Education and Research, New Delhi, May 9, 2020.
 27. Participated in online virtual Seminar on “Quality Assurance in Online Teaching-Learning & Evaluation”. Organized by Vellore institute of Technology, Vellore, May 19, 2020.
 28. Participated in the one day National Seminar on “प्रश्नोपनिषद् विज्ञानभाष्य विमर्श”. Organized by Sri Shankar Shikshayatan, Vaidic Shodh Kendra, New Delhi, May 29, 2020
 29. Participated in online virtual Conference on “Edu-Leadres”. Organized by AITMC, June 06, 2020.
 30. Participated in online International Conference on “Atma Nirbhar Bharat: Natural Food from Natural Farming & on the Occasion of 150th Gandhi Jayanti”. Organized by Navyoga International Institute of Yoga and Naturopathy Science, Delhi, July 26, 2020.
 31. Participated in the one day National Seminar on “आवरणवादविमर्श”. Organized by Sri Shankar Shikshayatan, Vaidic Shodh Kendra, New Delhi, April 30, 2021
 32. Participated in the National Conference on “Importance of Yoga in COVID-19” Organized by Sahu Ram Swaroop Mahila Mahavidyalaya, Bareilly, May 11, 2021
 33. Participated in the one day National Seminar on “गीताविज्ञानभाष्य-ज्ञानयोगविमर्श”. Organized by Sri Shankar Shikshayatan, Vaidic Shodh Kendra, New Delhi, February 26, 2022.
 34. Participated in the one day National Seminar on “राजर्षिविद्याविमर्श”. Organized by Sri Shankar Shikshayatan, Vaidic Shodh Kendra, New Delhi, April 30, 2022
 35. Paper Presented in National Seminar on “Exploring the indian Tradition of Nonviolent Communication” Title : “lk; kbj .k l rgyu ea vfgd k dk egRo” Organized by Deptt. of Non-violence and Peace, Jain Vishwa Bharti Institute, Ladnun, Sponsored by Gandhi Smriti and Darshan Samiti, New Delhi, March 27-28, 2024.
 36. Paper Presented in National Seminar on “ukxjh fyfi ” Title : “ofnd l kfgR; , oa ukxjh fyfi ” Organized by Nagari Lipi Paridhad, New Delhi, Indri Gandhi National Tribal University, Amarkantak

EXCLUSIVE ACHIEVEMENTS

Registered examiner and paper setter in

- Janardanrai Nagar Rajasthan Vidyapeeth, University, Udaipur
- Kumaun University, Almora
- M.D.S. University, Ajmer
- M.D. University, Rohtak, Haryana
- Mahatma Jyoti Rao Phoole University, Jaipur

PROJECT WORK

- I have Coordinated to Prepare the Audio-video CD for UG & PG Practical of Science of Living Preksha Meditation and Yoga.
- I have Coordinated Lecturer Recording project “Software Development and E-learning for” UG & PG Courses in Different subjects (2014-2016).

WORKSHOP AND SYMPOSIUM

1. Participated as a Resource Person in the National workshop on **“Self Instructional Mode (SIM)”**, (2006) Jain Vishva Bharti University, Ladnun
2. I have Participated in Trainer's Training Workshop of Science of Living Preksha Meditation and Yoga as a resource person on 24-29 Sept., 2007; 24-29 Dec., 2007; 23-28 June, 2008; 22-27 Sept., 2008; 22-27 Dec., 2008; 22-27 June, 2009; 21-26 Dec., 2009 21-26-June, 2010; 11-17 March 2012; 7-13 Oct., 2012 respectively. The workshop was conducted by the Directorate of Distance Education, JVBI, Ladnun
3. I have contributed for Advance Trainer's Training of B.A. and M.A./M.Sc. students in National workshop, which is organized by Directorate of Distance Education, J.V.B. University, Ladnun, 8-10 March, 2010.
4. I have Participated in Orientation Programmes of Science of Living Preksha meditation and yoga for Examiners as a resources person, which is Organized by Directorate of Distance Education, J.V.B. University, Ladnun, 09 Feb, 2008; 27 June, 2009 and 8-10 March, 2010
5. Participated in the Three days Workshop on “Memory Enhancement” from January 20-22, 2011. Organized by J.V.B. Institute, Ladnun
6. Participated in the National Preksha Week-2012 on “Personality Development and Preksha Meditatin” from January 17-21, 2012.

- Organized by Deptt. of Science of Living, Preksha Metitation and Yoga, J.V.B. Institute, Ladnun
7. Participated in the National Workshop on **“Applied Science of Living and Education”** from September 10-16, 2012. Organized jointly by Dept. of Science of Living, Preksha Metitation and Yoga and Dept. of Education, J.V.B. Institute, Ladnun.
 8. Participated in the National Workshop on **“Translation : Theory and Practice”** from September 20-26, 2012. Organized jointly by Deptt. of English and Deptt. of Sanskrit and Prakrit, J.V.B. Institute, Ladnun.
 9. Participated in the National Symposium on **“Applied Philosophy and Psychology of Education”** on September 28, 2012. Organezed by Dept. of Education, J.V.B. Institute, Ladnun.
 10. Participated in the National Workshop on **“Philosophy of Values in Rajasthani and Hindi Literature of Acharya Tulsi”** August 30, 2013. Organized by Career & Counselling Cell and Acharya Kalu Kanya Mahavidyalaya, J.V.B. Institute, Ladnun.
 11. Participated in the National Workshop on **“Human Development and Fostering Life Values”** from October 8-9, 2013. Organized by Dept. of Education, J.V.B. Institute, Ladnun.
 12. Participated in the National Workshop on **“लोक प्रशासनिक सेवाओं में अंग्रेजी विषय की महत्ता”** from October 26, 2013. Organized jointly by Directorate of College Shiksha, Rajasthan, Jaipur and Acharya Kalu Kanya Mahavidyalaya, J.V.B. Institute, Ladnun.
 13. I have Coordinated Alumni-Meet, 2014
 14. I have Coordinated One Month Contact Classes of Distance education for M.A./M.Sc. (Pre and Final), 2015
 15. Participated in the Seven days National Workshop on **“Curriculum Development in Education”** from May 5-11, 2015. Jointly Organized by Dept. of Education and Career & Counselling Cell, Jain Vishwa Bharti Institute, Ladnun.
 16. I have Coordinated One Month Contact Classes of Distance education for M.A./M.Sc. (Pre and Final), 2016
 17. I have Coordinated One Month Contact Classes of Distance education for M.A./M.Sc. (Pre and Final), 2017
 18. Participated in the National Workshop on **“Disaster Management and Community Safety”** February 6-7, 2018. Organized by Dept. of Social Work, Jain Vishwa Bharti Institute, Ladnun.
 19. Participated in the National Workshop on **“ICT Integration in Education and Learning”** from February 10-12, 2018. Organized by

- Dept. of Education and Central Institute of Educational Technology, NCERT, New Delhi, Jain Vishwa Bharti Institute, Ladnun.
20. Participated in the National Symposium on **“Teaching Style”** on September 23-24, 2018. Organized by Dept. of Education, Jain Vishwa Bharati Institute, Ladnun.
 21. Participated in the National E-Symposium on **“Stress Management During the Covid-19 Outbreak”** on May 23, 2020. Organized by Dept. of Education, Jain Vishwa Bharati Institute, Ladnun.
 22. Participated in the 10 days Online National Yoga Workshop on **“Lifestyle Management Through Yoga & Fitness”** from June 12-21, 2020. Organized by Dept. of Physical Education & Sports, D.A.K. Degree College, Moradabad (UP).
 23. Participated in the National Workshop on “Physiology of Yogic Satkarma” Organized by Sahu Ram Swaroop Mahila Mahavidyalaya, Bareilly, May 09, 2021
 24. Participated in the National Workshop on **“वर्णसमीक्षा”** Organized by Sri Shankar Shikshayatan, Vedic Shodh Sansthan, New Delhi, Feb 7-13, 2023.
 25. Participated in the Ten Days National Workshop on **“ Siddhasena Divakara’s SANMATI-TARKA-PRAKARANA”** Sponsored by ICPR, New Delhi and Organized by Jain Vishwa Bharati Institute, Ladnun, Deptt. Of Jainology and Comparative Religion & Philosophy Sri Shankar Shikshayatan, Vedic Shodh Sansthan, New Delhi, Feb 19-28, 2025.

SUBJECTS OF SPECIAL INTEREST

- Patanjali Yoga
- Preksha Meditation
- Value Education
- Self Management
- Helth Education
- Sprituality and Science

ACHIEVEMENTS

- Two articles Published in National Monthly Magazine titled ‘Prekshadyan’
- Articles Published in Souvenir, National Yoga Week-2013, Theme-Yoga for Adolescents Title **“किशारों के व्यक्तित्व विकास में योग की भूमिका”**

- Organised by Morarji Desai National Institute of Yoga, Delhi, 2013.
Pg.311-315
- Participated in Three days Workshop on “ Memory Enhancement” (2011)
 - Participated in Three days Training Programme-Non-Violence, Human Rights & Cultur of Peace
 - III Position in Quiz Compitition (2002) from Deemed University, Ladnun
 - Participated in one month Training Programme on “SaraI Snaskrit Sambhashanam Kendram” (2002) from Deemed University, Ladnun
 - II Prize in Chess (2005) from Deemed University, Ladnun
 - NCC Certificate ‘A’
 - Participated as a Coach in a Training programme on “Preksha Meditation and Yoga” from October 28, 2009 to November 03, 2009. Organized jointly by Veer Narmad South Gujarat University, Surat and Jain Vishva Bharti University, Ladnun. At the Special Camp of National Service Scheme.
 - Delivered an Amrit Mahotsava Lecture on the topic of Science of Living Preksha Meditation and Yoga on dated 28.11.2011 in patan University, Patan (Gujarat).
 - Radio Talk “**SANJEVANI**” was Broadcast on 06.04.2012 on “Practical Yoga” from AIR, Prasar Bharti, Chandigarh.
 - Lockdown Immunity Quiz-26.04.2020
 - Participated in National Survey on “Impact of COVID-19 on Social Human Behavior, Organized by Yuva Sarva Kalyan Samiti, UP
 - Participated in National Survey on “Labour Efficiency of Making India Local to Global, Organized by Yuva Sarva Kalyan Samiti, UP

SOCIAL DESIGNATION

- Member, Anuvrat Mahasamiti
- Member, Unmesh-Gyan-Vigyan Vichar Sangathan, Jabalpur
- Member, International Federation of Yoga Professional (IFYP)

PERSONAL PROFILE

Father’s Name : Shri J.C. Bhaskar
Date of Birth : 11th June 1978
Permanent Address : VPO-Dujar, Taluka-Ladnun
Dist-Nagaur, Raj (341306)

Marital Status : Married
Languages Known : Hindi & English
Nationality : Indian

Present Address-

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Date : 06.08.2025

Place : Amarkantak

(Dr. Ashok Kumar Bhaskar)
(Associate Professor)