

# Aarsh Ojas Parasar Pandey

Assistant Professor

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## Curriculum Vitae

### **Career Objectives:**

To contribute meaningfully to academia through innovative teaching, impactful research, and active participation in the development of the University. I aim to foster critical thinking, inspire students, and engage in continuous professional growth while promoting a collaborative learning environment that nurtures academic excellence and supports the holistic development of learners.

### **Areas of Interest:**

Yoga Philosophy, Yoga Psychology, Clinical Psychology, Positive Psychology, Research Methodology, Indian Psychology, Military Psychology, Abnormal Psychology, and Counselling Psychology.

### **Education:**

M.A. in Clinical Psychology, M.A. in Yoga.

Qualified 'NET' in Psychology and Yoga.

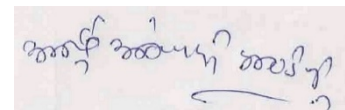
Pursuing a PhD in 'Positive Military Psychology' from NIT Rourkela.

**Papers Published in Peer-reviewed/Referred National/International Journals: 05**

**Workshops/seminars attended: 09**

**Papers Presented at Conferences: 03**

**Lectures Delivered: 04**



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